Alayna L. Park, Ph.D.

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ACADEMIC APPOINTMENTS

Assistant Professor of Psychology

University of Oregon June 2022-Present

Assistant Professor of Psychology

Palo Alto University September 2020-June 2022

EDUCATION

Doctor of Philosophy

University of California, Los Angeles

Major: Clinical Psychology; Minor: Quantitative Psychology

Degree awarded: September 2020

- Predoctoral Internship (August 2019-July 2020)
 Veterans Affairs Long Beach Healthcare System
- Dissertation Title: Toward application of evidence in diverse contexts: Building a model for strategic action and selective real-time adaptation
 Committee: Bruce F. Chorpita, Ph.D. (Chair), Stanley Huey, Ph.D., Anna S. Lau, Ph.D., James Stigler, Ph.D.
- Master's Thesis Title: Coordination of a modular evidence-based treatment to target comorbid psychopathology
 Advisors: Bruce F. Chorpita, Ph.D. (primary), Anna S. Lau, Ph.D. (secondary)

Bachelor of Arts

University of California, Los Angeles Major: Psychology

Degree awarded: June 2012

 Thesis Title: Modular and standardized evidence-based treatment fidelity to different metrics: A continuum of collaborative design

Advisor: Bruce F. Chorpita, Ph.D.

AWARDS

2021	Spotlight on a Mentor Award, Association of Behavioral and Cognitive Therapies
2020	K. Patricia Cross Future Leaders Award Finalist , Association of American Colleges and Universities
2019	Charles E. and Sue K. Young Graduate Student Award, University of California, Los Angeles
2019	Diversity Paper Award, Society for the Advancement of Psychotherapy
2018	Outstanding Student Diversity Research Award Honorable Mention , Society for a Science of Clinical Psychology
2018	Charles Y. Nakamura Research Award, University of California, Los Angeles
2017	Student Achievement Award, Society of Clinical Child and Adolescent Psychology
2017	Student Research Award Finalist, Society for Implementation Research Collaboration
2017	Student Award Honorable Mention, Delaware Project
2016	Student Presentation Award , Association of Behavioral and Cognitive Therapies, Dissemination and Implementation Science Special Interest Group
2016	Stanley Sue Distinguished Research Award, University of California, Los Angeles
2014	Student Presentation Award , Association of Behavioral and Cognitive Therapies, Dissemination and Implementation Science Special Interest Group
2013	Student Presentation Award , Association of Behavioral and Cognitive Therapies, Dissemination and Implementation Science Special Interest Group

GRANTS AND FELLOWSHIPS

Current Support

2021-2026 Substance Abuse and Mental Health Services Administration (SAMHSA) - National Child Traumatic Stress Initiative Category II. Develop the Center for Traumatic Stress and Comorbidity. Co-I. (PI: Robert

Franks, Ph.D.). Total costs: \$157,782.

Completed Support

National Institute of Mental Health (NIMH) - R01MH106506. Improving 2020-2022 and sustaining delivery of CPT for PTSD in mental health systems. Co-I.

(PI: Shannon Wiltsey Stirman, Ph.D.). Total costs: \$29,594.

National Institute of Mental Health (NIMH) - R01MH112628. Leveraging 2020-2022

routine clinical materials and mobile technology to assess CBT quality. Co-I.

(PI: Shannon Wiltsey Stirman, Ph.D.). Total costs: \$13,556.

2018-2019	Dissertation Year Fellowship , University of California, Los Angeles Graduate Division. PI . Total awarded: \$20,000.
2017-2018	Charles F. Scott Fellowship , University of California, Los Angeles Graduate Division. PI . Total awarded: \$22,000.
2017-2018	Affiliates Scholarship , University of California, Los Angeles Graduate Division. PI . Total awarded: \$8,000.
2017-2018	Undergraduate Research Scholars Program , University of California, Los Angeles. Graduate Student Mentor (Trainee: Kendal Reeder). Total awarded: \$6,000.
2017-2018	Psychology Research Opportunities Program , University of California, Los Angeles. Graduate Student Mentor (Trainee: Alejandra Torres Sanchez). Total awarded: \$2,500.
2016-2017	Dr. Ursula Mandel Fellowship , University of California, Los Angeles Graduate Division. PI . Total awarded: \$15,000.
2016-2017	Charles F. Scott Fellowship , University of California, Los Angeles Graduate Division. PI . Total awarded: \$15,000.
2016	Graduate Summer Research Mentorship Fellowship , University of California, Los Angeles Graduate Division. PI . Total awarded: \$6,000.
2015-2016	Charles F. Scott Fellowship , University of California, Los Angeles Graduate Division. PI . Total awarded: \$15,000.
2015	Graduate Summer Research Mentorship Fellowship , University of California, Los Angeles Graduate Division. PI . Total awarded: \$6,000.
2014-2015	Distinguished University Fellowship , University of California, Los Angeles Graduate Division. PI . Total awarded: \$21,000.

PEER-REVIEWED PUBLICATIONS

* denotes student author

- 29 Rosas, Y. G., Sigal, M., Park, A. L., & Barnett, M. L. (2022). Predicting a rapid transition to telehealth-delivered Parent-Child Interaction Therapy amid COVID-19: A mixed methods study. Global Implementation Research and Applications, 1-12.
- 28 Baeza-Hernandez, K.*, Lasecke, M.*, Herman, A.*, Kim, J.*, Lin, J. M. J.*, Dosovitsky, G.*, Bunge, E. L., & Park, A. L. (2022). Pilot implementation of psychoeducational workshops on behavior management and stress management for parents and teachers. Evidence-Based Practice in Child and Adolescent Mental Health, 1-12.
- 27 Park, A. L., Rith-Najarian, L. R., Saifan, D., Gellatly, R., Huey, S. J., & Chorpita, B. F. (2022). Strategies for incorporating culture into psychosocial interventions for youth of color. Evidence-Based Practice in Child and Adolescent Mental Health.

- 26 Chu, W.*, Becker, K. D., Boustani, M. M., Park, A. L., & Chorpita, B. F. (2022). Is it easy to use and useful? Mental health professionals' perspectives inform development of a novel treatment engagement system for youth mental health services. Cognitive and Behavioral Practice.
- Lasecke, M.*, Baeza-Hernandez, K.*, Dosovitsky, G.*, DeBellis, A.*, Bettencourt, B.*, Park, A. L., & Bunge, E. L. (2022). Disseminating online parenting resources in the community during the COVID-19 pandemic: Lessons learned. Journal of Community Psychology.
- 24 Park, A. L. (2022). Translating cognitive and behavioral science to action: Reflections on Dr. Lynn Bufka's invited address. the Behavior Therapist, 45(1), 29-30.
- Torres Sanchez, A.*, Park, A. L., Chu, W.*, Letamendi, A., Stanick, C., Regan, J., Perez, G., Manners, D., Oh, G.*, & Chorpita, B. F. (2021). Supporting the mental health needs of underserved communities: A qualitative study of barriers to accessing community resources, Journal of Community Psychology, 1-12.
- 22 Boyd, M.*, Park, A. L., Becker, K. D., & Chorpita, B. F. (2021). The relation between training asymmetry and supervisory working alliance: Implications for the role of supervisors in implementation. The Clinical Supervisor, 1-19.
- Park, A. L., Velez, C. V.*, Kannan, K.*, & Chorpita, B. F. (2020). Stress, functioning, and coping during the COVID-19 pandemic: Results from an online convenience sample. the Behavior Therapist, 42(6), 210-216.
- Lu, C.*, Park, A. L., Becker, K. D., & Chorpita, B. F. (2020). Is poor engagement in treatment associated with lower likelihood to participate in research? A study of families in school-based mental health. Undergraduate Research Journal of Psychology at UCLA, 7, 54-65.
- 19 Reeder, K.*, Park, A. L., & Chorpita, B. F. (2020). Turning back to treatment: The effect of attendance and symptom outcomes on subsequent service use. Administration and Policy in Mental Health and Mental Health Services Research, 47, 641-647.
- Okamura, K. H., Becker-Haimes, E. M., Orimoto, T. E., & Park, A. L. (2020) Reflections on the 2019 ABCT presidential address: "Increasing the world's therapeutic intelligence through strategic alignment of individuals, institutions, and industries." the Behavior Therapist, *43*(2), 52-56.
- 17 Park, A. L., Becker, K. D., Boustani, M. M., & Chorpita, B. F. (2020). Decision-making in mental health care: Measuring provider and supervisor use of evidence. Administration and Policy in Mental Health and Mental Health Services Research, 47, 344-356.
- 16 Park, A. L., Boustani, M. M., Saifan, D., Gellatly, R., Letamendi, A., Stanick, C., Regan, J., Perez, G., Manners, D., Reding, M. E. J., & Chorpita, B. F. (2020). Community mental health professionals' perceptions about engaging underserved populations. Administration and Policy in Mental Health and Mental Health Services Research, 47, 366-379.
- 15 Becker, K. D., Park, A. L., Boustani, M. M., & Chorpita, B. F. (2019). A pilot study to examine the feasibility and acceptability of a coordinated intervention design to address treatment engagement challenges in school mental health services. Journal of School Psychology, *76*, 78-88.
- 14 Guan, K., Park, A. L., & Chorpita, B. F. (2019). Emergent life events during youth evidencebased treatment: Impact on future provider adherence and clinical progress. Journal of Clinical Child & Adolescent Psychology, 48(sup1), S202-S214.

- 13 Regan, J., **Park, A. L.**, & Chorpita, B. F. (2019). Choices in treatment integrity: Considering the protocol and consultant recommendations in child and adolescent therapy. *Journal of* Clinical Child and Adolescent Psychology, 48(sup1), S79-S89.
- Rith-Najarian, L., Mesri, B., Park, A. L., Sun, M., Chavira, D., & Chorpita, B. F. (2019). Durability of cognitive behavioral therapy effects for youth and adolescents with anxiety, depression, or traumatic stress: A meta-analysis on long-term follow ups. Behavior Therapy, *50*(1), 225-240.
- 11 Park, A. L., Tsai, K. H., Guan, K., & Chorpita, B. F. (2018). Unintended consequences of evidence-based treatment policy reform: Is implementation the goal or the strategy for higher quality care? Administration and Policy in Mental Health and Mental Health Services Research, 45, 649-660.
- 10 Park, A. L., Moskowitz, A. L., & Chorpita, B. F. (2018). Community-based providers' selection of practices for children and adolescents with comorbid mental health problems. *Journal of Clinical Child and Adolescent Psychology*, 47(5), 796-807.
- Chorpita, B. F., Daleiden, E. L., Park, A. L., Ward. A., Levy, M., Cromley, T., Chiu, A., Letamendi, A., Tsai, K. H. & Krull, J. (2017). Child STEPs in California: A randomized effectiveness trial comparing modular treatment with community care for youth with anxiety, depression, conduct problems, or traumatic stress. *Journal of Consulting and Clinical Psychology*, *85*(1), 13-25.
- Rith-Najarian, L., Park, A. L., Wang, T., Etchison, A. I., Chavira, D. A., & Chorpita, B. F. (2017). Applying new evidence standards to youth cognitive behavioral therapies - A review. Behavioral Therapy and Research, 90, 147-158.
- Guan, K., Reding, M. E. J., Park, A. L., & Chorpita, B. F. (2016). Associations between consultation and provider satisfaction with evidence-based treatment. Evidence-based Practice in Child and Adolescent Mental Health, 4(1), 230-240.
- Park, A. L., Guan, K., Kanuri, N., Stirman S. W., & Chorpita, B. F. (2016). How to not train in vain: Recommendations for training community clinicians. the Behavior Therapist, 39(1), 3-14.
- Park, A. L., Ebesutani, C. K., Bose, D.*, & Chorpita, B. F. (2016). Psychometric properties of a Spanish translation of the Revised Child Anxiety and Depression Scale-Parent version. Journal of Psychopathology and Behavioral Assessment, 38(2), 307-319.
- Park, A. L., Tsai, K. H., Guan, K., Reding, M. E., Chorpita, B. F., Weisz, J. R., & Research Network on Youth Mental Health. (2016). Service use findings from the Child STEPs effectiveness trial: Additional support for modular designs. Administration and Policy in Mental Health and Mental Health Services Research, 43(1), 135-140.
- Tsai, K. H., Moskowitz, A. L., Brown, T. E., **Park, A. L.**, & Chorpita, B. F. (2016). Interpreting progress feedback to guide clinical decision-making in children's mental health services. Administration and Policy in Mental Health and Mental Health Services Research, 43(2), 199-206.

- Chorpita, B. F., Park, A. L., Tsai, K. H., Korathu-Larson, P., Higa-McMillan, C. K., Nakamura, B. J., Weisz, J. R., Krull, J., & Research Network on Youth Mental Health (2015). Balancing effectiveness with responsiveness: Therapist satisfaction across different treatment designs in the Child STEPs randomized effectiveness trial. Journal of Consulting and Clinical Psychology, 83(4), 709-718.
- Park, A. L., Chorpita, B. F., Regan, J., Weisz, J. R., & Research Network on Youth Mental Health. (2015). Integrity of evidence-based practice: Are providers modifying practice content or practice sequencing? Administration and Policy in Mental Health and Mental Health Services Research, 42(2), 186-196.

MANUSCRIPTS UNDER REVIEW

Higa McMillan, C., Park, A. L., Daleiden, E. L., Becker, K. D., Bernstein, A., & Chorpita, B. F. (under review). Getting more out of clinical documentation: Feasibility of clinical dashboards to yield clinically useful information.

Huey, S. J., Park, A. L., Galan, C., & Wang, C. X. (under review). Culturally-responsive cognitive behavioral therapy for ethnically diverse populations.

CHAPTERS

Park, A. L., & Kim, R. E. (2022). Incorporating play into cognitive behavioral therapy for youth. In R. Friedberg & E. Rozmid (Eds.), Creative CBT with Youth – Clinical Applications using Humor, Play, Superheroes, and Improvisation. Switzerland: Springer.

Park, A. L., & Chorpita, B. F. (2016) Modular cognitive behavioral therapy. In M. Gomar, J. Mandil, & E. L. Bunge (Eds.), Manual de Terapia Cognitiva Comportamental con Niños y Adolescentes [Handbook of Cognitive Behavioral Therapy with Children and Adolescents] (2nd ed.). Buenos Aires: Editorial Akadia.

Chorpita, B. F., Park, A. L., & Daleiden, E. L. (2014). Developmental and dynamic design in service systems: Making the most of what we know. In A. Bentovim & J. Gray (Eds.), Eradicating child maltreatment: Evidence-based approaches to prevention and intervention across services. London: Jessica Kingsley Publishers.

POLICY BRIEFS

* denotes student author

Park, A. L., Lin, J. M. J.*, Wang, C. X., Velez, C. V.*, Vargas, S. M., Wright, B., Yang, J.*, & Kannan, K.* (2020, June). Research-to-Policy Collaboration. COVID and racial mental health disparities. https://www.research2policy.org/covid19-racial-health-disparities

Park, A. L., Wright, B., Yang, J.*, Vargas, S. M., Velez, C. V.*, Wang, C. X., & Lin, J. M. J.* (2020, June). Research-to-Policy Collaboration. Mental health workforce. https://www.research2policy.org/covid-19/mental-health-workforce

- * denotes student author, * denotes equal co-authorship
- 25 Barnett, M.⁺, Boustani, M.⁺, Lakind, D.⁺, **Park, A. L.**⁺, Okamura, K.⁺, & Wright, B.⁺ (November, 2021). Stepping out on your own and into the community: Launching a community-engaged research program. Panel presented at the 55th Annual Convention of the Association of Behavioral and Cognitive Therapies, Virtual.
- Frazier, S.⁺, Kidd, S.⁺, **Park, A. L.**⁺, Singla, D.⁺, & Youn, S. J.⁺ (November, 2021). Community-based participatory research: What is it, and how can it facilitate socially responsive psychotherapy research and practice? Invited plenary for the 2021 North American Society for Psychotherapy Research Virtual Conference.
- 23 Tannenbaum, S., Kim, R., **Park, A. L.**, Wilson, M., Meade, G., Guterman, L., & Chase, R. (August, 2021). Pandemic silver linings: Examining iPCIT in a new telehealth era. Symposium presented at the PCIT International Biennial Convention, Virtual.
- 22 **Park, A. L.** (June, 2021). Asian American representation in youth media and mental health. Invited talk for the Coalition of Asian Pacifics in Entertainment (CAPE) and UCLA's Center for Scholars and Storytellers.
- 21 **Park, A. L.**, Rith-Najarian, L. R., Saifan, D., Gellatly, R., Huey, S. J., Daleiden, E. L., & Chorpita, B. F. (November, 2020). A review of strategies for incorporating culture from effective psychosocial treatments for ethnic minority youth. In C. Johnson (Chair) and A. Lau (Discussant), *Adaptations to improve access and quality of evidence-based treatments: Processes for selecting, reporting, and evaluating.* Symposium presented at the 54th Annual Convention of the Association of Behavioral and Cognitive Therapies, Virtual.
- 20 Gellatly, R., Park, A. L., Torres Sanchez, A.*, Reeder, K.*, Stanick, C., Regan J., Perez, G., Manners, D., Letamendi, A., & Chorpita, B. F. (November, 2020). Expanding the reach of mental health services through effective engagement with families. Symposium presented at the 54th Annual Convention of the Association of Behavioral and Cognitive Therapies, Virtual.
- 19 Park, A. L., Boustani, M. M., Saifan, D., Gellatly, R., Gamarra, J., Letamendi, A., Stanick, C., Regan J., Perez, G., Manners, D., Reding, M. E. J., & Chorpita, B. F. (November, 2019). Providers' perceived barriers to engaging traditionally underserved populations in mental health services. In A. L. Park (Chair) and S. Huey (Discussant), Extending the reach of cognitive behavioral science through understanding barriers to service use for traditionally underserved populations. Symposium presented at the 53rd Annual Convention of the Association of Behavioral and Cognitive Therapies, Atlanta, GA.
- 18 **Park, A. L.**, Boustani, M. M., Saifan, D., Gellatly, R., Gamarra, J., Letamendi, A., Stanick, C., Regan J., Perez, G., Manners, D., Reding, M. E. J., & Chorpita, B. F. (November, 2019). Providers' recommendations of strategies for engaging traditionally underserved populations in community mental health services. In D. Lakind & **A. L. Park** (Chairs) and K. D. Becker (Discussant), *Maximizing the public health impact of cognitive behavioral science through improving consumer engagement*. Symposium presented at the 53rd Annual Convention of the Association of Behavioral and Cognitive Therapies, Atlanta, GA.

- 17 **Park, A. L.**, Regan, J., Tsai, K. H., Moskowitz, A. L., Daleiden, E. L., Weisz, J. R., & Chorpita, B. F. (November, 2019). Using measurement feedback systems to inform complex clinical decisions. In J. Persons (Chair) and P. Kendall (Discussant), *Improving treatment outcomes with clinical decision-making tools*. Symposium presented at the 53rd Annual Convention of the Association of Behavioral and Cognitive Therapies, Atlanta, GA.
- Boyd, M.*, **Park, A. L.**, Becker, K. D., & Chorpita, B. F. (November, 2019). Supervisory dyad training match and working alliance. In R. E. Kim (Chair) and S. Dorsey (Discussant), From the Ground Up to the Sky: Spanning the Arc of Implementation Supports. Symposium presented at the 53rd Annual Convention of the Association of Behavioral and Cognitive Therapies, Atlanta, GA.
- Torres Sanchez, A.*, **Park, A. L.**, Boustani, M. M., Saifan, D., Gellatly, R., Gamarra, J., Oh, G., Chu, W., Letamendi, A., Stanick, C., Regan J., Perez, G., Manners, D., & Chorpita, B. F. (November, 2019). Supporting the mental health needs of underserved populations: Provider perceptions of barriers to accessing community resources. In **A. L. Park** (Chair) and S. Huey (Discussant), Extending the reach of cognitive behavioral science through understanding barriers to service use for traditionally underserved populations. Symposium presented at the 53rd Annual Convention of the Association of Behavioral and Cognitive Therapies, Atlanta, GA.
- 14 **Park, A. L.** (October, 2019). Advancing evidence-based practice in diversity and dynamic contexts. Invited talk for the University of California, Los Angeles.
- 13 Parra, R.*, Saifan, D., **Park, A. L.**, Letamendi, A., Stanick, C., Regan, J., Perez, G., Manners, D., & Chorpita, B. F. (May, 2019). Qualitative analysis of mental health providers' definitions of diversity. Paper presented at 17th Annual Psi Chi Whittier Undergraduate Research Conference, Whittier, CA.
- 12 **Park, A. L.**, Gellatly, R., Becker, K. D., & Chorpita, B. F. (November, 2018). An examination of associations among dimensions of treatment engagement using structural equation modeling. In B. McLeod (Chair) and A. Hogue (Discussant), *What's going on in the therapy room? Measuring in-session client and provider behaviors within the community implementation of evidence-based practices for youth.* Symposium presented at the 52nd Annual Convention of the Association of Behavioral and Cognitive Therapies, Washington, D.C.
- 11 Reeder, K.*, **Park, A. L.**, & Chorpita, B. F. (May, 2018). Getting better and staying better: The effects of homework on youth mental health service reenrollment. Paper presented at the 27th Annual Psychology Undergraduate Research Conference at UCLA, Los Angeles, CA.
- 10 Chorpita, B. F., Becker, K. D., & **Park, A. L.** (April, 2018). Enhancing the use of evidence in clinical decision making in school-based mental health. Invited talk for the William T. Grant Foundation, Philadelphia, PA.
- Chorpita, B. F., Becker, K. D., & **Park, A. L.** (November, 2017). Enhancing the use of evidence in clinical decision making in school-based mental health. In E. Koschmann (Chair) and R. Beidas (Discussant), *Evidence-based mental health service delivery: Implementation strategies for school professionals*. Symposium presented at the 51st Annual Convention of the Association of Behavioral and Cognitive Therapies, San Diego, CA.

- Park, A. L., Tsai, K. H., Guan, K., Border, R., & Chorpita, B. F. (September, 2017). Unintended consequences of evidence-based treatment policy reform. In A. L. Park (Chair) and B. F. Chorpita (Discussant), Use of Evidence in Mental Health Treatment and Clinical Decision-Making. Symposium presented at the 4th Biennial Society for Implementation Research Collaboration (SIRC) Conference, Seattle, WA. *Presentation nominated for the SIRC* Student Research Award.
- Becker, K. D., Park, A. L., & Chorpita, B. F. (September, 2017). Coordinated knowledge systems: Enhancing the use of evidence in clinical decision making. In A. L. Park (Chair) and B. F. Chorpita (Discussant), Use of Evidence in Mental Health Treatment and Clinical Decision-Making. Symposium presented at the 4th Biennial Society for Implementation Research Collaboration Conference, Seattle, WA. Presentation awarded the Best Translational Presentation Award.
- Chorpita, B. F., Bernstein, A. D., Becker, K. D., Ebesutani, C., Park, A. L., Brown, T. Tsai, K., Moskowitz, A. L., Daleiden, E. L. (October, 2016). Measurement feedback and beyond: The place for evidence in clinical decision support. In J. Persons (Chair), Monitoring Progress in Psychotherapy: Why and How. Symposium presented at the 50th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Chorpita, B. F., Daleiden, E. L., Park, A. L., & Krull, J. (May, 2016). Child STEPs in LA County: An RCT comparing a singular modular treatment with countywide implementation of multiple standard evidence-based treatments. In B. F. Chorpita (Chair), Extending the Reach and Impact of Science on Clinical Care for Youth and Families: Looking for New Models for the Old Challenges. Symposium presented at the 28th Annual Convention of the Association for Psychological Science (APS), Chicago, IL.
- Park, A. L., Moskowitz, A. L., Raygoza, N.*, & Chorpita, B. F. (November, 2015). Coordination of a modular evidence-based treatment to target comorbid psychopathology. In K. Guan, & A. L. Park (Chairs) and S. W. Stirman (Discussant), Improving our understanding of adaptations to evidence-based treatments. Symposium presented at the 49th Annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
- Guan, K., Park, A. L., & Chorpita, B. F. (November, 2015). An exploration of the broad 3 impact of emergent life events: Effects on subsequent sessions and clinical outcomes. In K. Guan, & A. L. Park (Chairs) and S. W. Stirman (Discussant), Improving our understanding of adaptations to evidence-based treatments. Symposium presented at the 49th Annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
- Kim, R. E., Chorpita, B. F., Becker, K. D., & Park, A. L. (November, 2015). Engagement outcomes from the Child STEPs effectiveness trial. In J. Martinez (Chair) and L. Brookman-Frazee (Discussant), Parent engagement in community-based mental health services. Symposium presented at the 49th Annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
- Regan, J., Park, A. L., & Chorpita, B. F. (November, 2015). Client report of session content in an effectiveness trial. In R. Hanson (Chair) and A. Jensen-Doss (Discussant), Innovative approaches to measuring fidelity to empirically supported treatment elements and approaches in community settings and across healthcare systems. Symposium presented at the 49th Annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.

- 46 Lasecke, M.*, Baeza-Hernandez, K.*, Dosovitsky, G.*, Park, A. L., & Bunge, E. (December, 2021). Dissemination efforts of an online parenting program. Poster presented at the 14th Annual Conference on the Science of Dissemination and Implementation in Health, Virtual.
- 45 Gumport, N., Hernandez, S., Calloway, A., Vogt, D., Dean, K., Youn, S. J., Johnson, C., Song, J., DeRubeis, R., Park, A. L., Marques, L., Creed, T. A., & Stirman, S. W. (December, 2021). An evaluation of two clinician-rated measures of fidelity to Cognitive Processing Therapy and Cognitive Behavior Therapy in routine mental health care settings. Poster presented at the 14th Annual Conference on the Science of Dissemination and Implementation in Health, Virtual.
- 44 Green Rosas, Y.*, Sigal, M.*, Park, A. L., & Barnett, M. (November, 2021). Predicting continued delivery of Parent-Child Interaction Therapy during COVID-19. Poster presented at the 55th Annual Convention of the Association of Behavioral and Cognitive Therapies, Dissemination and Implementation Science Special Interest Group Exposition, Virtual.
- 43 Bartuska, A.*, Park, A. L., Kim, R. E., Cheron, D., & Franks, R. (November 2021). Community-based therapist adherence to modular cognitive behavioral therapy for youth. Poster presented at the 55th Annual Convention of the Association of Behavioral and Cognitive Therapies, Dissemination and Implementation Science Special Interest Group Exposition, Virtual. Poster awarded the Dissemination and Implementation Special Interest Group Presentation Award.
- 42 Herman, A.*, Lin, J.*, Baeza-Hernandez, K.*, Lasecke, M.*, Dosovitsky, G.*, Kim, J.*, Bunge, E. & Park, A. L. (November, 2021). The feasibility of school-based psychoeducation workshops for parents. Poster presented at the Association of Behavioral and Cognitive Therapies, Dissemination and Implementation Science Poster Session, Virtual.
- 41 Kim, J.*, Herman, A.*, Lin, J.*, Bunge, E., & Park, A. L. (November, 2021). Feasibility of videoconference psychoeducational workshops for teachers. Poster presented at the Association of Behavioral and Cognitive Therapies, Dissemination and Implementation Science Poster Session, Virtual.
- 40 Lin, J.*, Velez, C.*, DeBellis, A.*, & Park, A. L. (November, 2021). Association between preferred mental health information source and perceptions of coping strategies. Poster presented at the 55th Annual Convention of the Association of Behavioral and Cognitive Therapies, Dissemination and Implementation Science Special Interest Group Exposition,
- Kannan, K.* & Park, A. L. (October, 2020). Stress, functioning, and coping in the early phase of COVID-19. Poster presented at the Global Alliance for Behavioral Health and Social Justice Coming Together for Action virtual conference.
- 38 Reeder, K.*, **Park, A. L.**, & Chorpita, B.F. (November, 2019). Who is re-enrolling? Predictors of subsequent youth mental health service use. Poster presented at the 53rd Annual Convention of the Association of Behavioral and Cognitive Therapies, Atlanta, GA.

- 37 Lu, C.*, Becker, K. D., Park, A. L., & Chorpita, B. F. (May, 2019). Who participates in treatment studies? Association between treatment engagement and research participation. Poster presented at the 28th Annual Psychology Undergraduate Research Conference at UCLA, Los Angeles, CA.
- 36 Parra, R.*, Saifan, D., Park, A. L., Letamendi, A., Stanick, C., Regan, J., Perez, G., Manners, D., & Chorpita, B. F. (May, 2019). Qualitative analysis of mental health providers' definitions of diversity. Poster presented at the 28th Annual Psychology Undergraduate Research Conference at UCLA, Los Angeles, CA.
- 35 Chu, W.*, Becker, K. D., Boustani, M. M., Park, A. L., & Chorpita, B. F. (November, 2018). Utilizing provider feedback to improve treatment design: A qualitative study. Poster presented at the 52nd Annual Convention of the Association of Behavioral and Cognitive Therapies, Dissemination and Implementation Science Special Interest Group Exposition, Washington D. C.
- 34 Torres, A.*, Park, A. L., Reeder, K.*, Stanick, C., Regan, J., Perez, G., Manners, D., Letamendi, A., & Chorpita, B. F. (November, 2018). Perceptions about using interpretation and translation services in community mental health. Poster presented at the 52nd Annual Convention of the Association of Behavioral and Cognitive Therapies, Washington D.C.
- 33 Chu, W.*, Boustani, M. M., Park A. L., Knudsen, K., Becker, K. D., & Chorpita, B. F. (November, 2018). Does training in evidence-based treatments predict provider and supervisor knowledge about treatment engagement strategies? Poster presented at the 52nd Annual Convention of the Association of Behavioral and Cognitive Therapies, Washington D. C.
- 32 Oh, G.*, Park, A. L., & Chorpita, B. F. (November, 2018). Long-term service use outcomes from the Child STEPs in California effectiveness trial. Poster presented at the 52nd Annual Convention of the Association of Behavioral and Cognitive Therapies, Washington D. C.
- 31 Oh, G.*, Park, A. L., & Chorpita, B. F. (May, 2018). Medication use outcomes from the Child STEPs in California effectiveness trial. Poster presented at the 30th Association of Psychological Science Convention, San Francisco, CA.
- 30 Reeder, K.*, Park, A. L., & Chorpita, B. F. (May, 2018). Meeting goals or coming up short: Does routine mental health treatment termination predict youth's future service use? Poster presented at the 2018 UCLA Research Poster Day, Los Angeles, CA.
- 29 Torres, A.*, Park, A. L., Chu, W.*, Oh, G.*, Letamendi, A., Stanick, C., Regan, J., Perez, G., Manners, D., & Chorpita, B. F. (May, 2018). Accessibility of community resources across service areas in Los Angeles, CA. Poster presented at the 2018 UCLA Research Poster Day, Los Angeles, CA.
- 28 Torres, A.*, Park, A. L., Chu, W.*, Oh, G.*, Letamendi, A., Stanick, C., Regan, J., Perez, G., Manners, D., & Chorpita, B. F. (May, 2018). Barriers to accessing community resources for youth and families with mental health needs. Poster presented at the 27th Annual Psychology Undergraduate Research Conference at UCLA, Los Angeles, CA.
- 27 Chu, W.*, Boustani, M. M., Park, A. L., Knudsen, K., Becker, K. D., & Chorpita, B. F. (May, 2018). Improving knowledge of treatment engagement strategies in school-based mental health providers and supervisors. Poster presented at the 30th Association of Psychological Science Convention, San Francisco, CA.

- Boustani, M., **Park, A. L.**, Becker, K. D., & Chorpita, B. F. (December 2017). Coding for the use of evidence in clinical decision-making. Poster presented at the 10th Annual Conference on the Science of Dissemination and Implementation in Health, Arlington, VA.
- Oh, G.*, **Park, A. L.** & Chorpita, B. F. (November 2017). Does child's age, presenting problem, and type of treatment predict parent involvement in treatment? Poster presented at the 51st Annual Convention of the Association of Behavioral and Cognitive Therapies, San Diego, CA.
- 24 Knudsen, K. S.*, **Park, A. L.** & Chorpita, B. F. (November 2017). Association between therapist, youth, and caregiver perceptions of psychotherapy and premature termination. Poster presented at the 51st Annual Convention of the Association of Behavioral and Cognitive Therapies, Dissemination and Implementation Science Special Interest Group Exposition, San Diego, CA.
- 23 Reeder, K.*, **Park, A. L.**, Chorpita, B. F., & Becker, K. D. (May 2017) Prevalence of parent engagement challenges in school mental health settings. Poster presented at the University of California, Los Angeles Psychology Undergraduate Research Conference, Los Angeles, CA.
- 22 **Park, A. L.** & Chorpita, B. F. (October 2016). Predicting adaptations to evidence-based treatments: Is implementation driven by client or clinician characteristics? Poster presented at the 50th Annual Convention of the Association of Behavioral and Cognitive Therapies, Dissemination and Implementation Science Special Interest Group Exposition, New York, NY. *Poster awarded the Dissemination and Implementation Special Interest Group Presentation Award*.
- 21 Gamarra, J. M., **Park, A. L.**, & Chorpita, B. F. (October 2016). Does primary caregiver language or generational status moderate treatment for youth anxiety and depression? Poster presented at the 50th Annual Convention of the Association of Behavioral and Cognitive Therapies, New York, NY.
- 20 Rith-Najarian, L., **Park, A. L.**, Mesri, B., & Chorpita, B. F. (November 2015). Meta-analysis of youth cognitive behavioral therapy follow-up effects by treatment practice elements. Poster presented at the 49th Annual Convention of the Association of Behavioral and Cognitive Therapies, Dissemination and Implementation Science Special Interest Group Exposition, Chicago, IL. *Poster awarded the Dissemination and Implementation Special Interest Group Presentation Award.*
- Bose, D.*, **Park, A. L.**, Ebesutani, C., & Chorpita, B. F. (November 2015). Psychometric properties of the Revised Child Anxiety and Depression Scale-Parent version in a Spanish sample. Poster presented at the 49th Annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
- 18 **Park, A. L.**, Guan, K., Chorpita, B. F., Weisz, J. R., & the Research Network on Youth Mental Health. (November 2014). Does integrity to the manual equal integrity to the treatment? Provider adherence to multiple sources. Poster presented at the 48th Annual Convention of the Association of Behavioral and Cognitive Therapies, Dissemination and Implementation Science Special Interest Group Exposition, Philadelphia, PA. *Poster awarded the Dissemination and Implementation Special Interest Group Presentation Award.*

- 17 Bose, D.*, Park, A. L., Regan, J., Chorpita, B. F., Weisz, J. R., & the Research Network on Youth Mental Health. (November 2014). Association between treatment plan and provider adherence to evidence-based treatment protocols. Poster presented at the 48th Annual Convention of the Association of Behavioral and Cognitive Therapies, Dissemination and Implementation Science Special Interest Group Exposition, Philadelphia, PA.
- 16 Park, A. L., Tsai, K., Guan, K., Reding, M., Chorpita, B. F., & Weisz, J. R. (November 2013). Long-term service utilization outcomes for the Child STEPs Clinic Treatment Project. Poster presented at the 47th Annual Convention of the Association of Behavioral and Cognitive Therapies, Dissemination and Implementation Science Special Interest Group Exposition, Nashville, TN. Poster awarded the Dissemination and Implementation Special Interest Group Presentation Award.
- 15 Park, A. L., Moore, S. A.*, Cho, E.*, Greenberg, S.*, Lang, L.*, Vich, K.*, Regan, J., Guan, K., Reding, M., Chorpita, B. F., & Weisz, J. R. (November 2013). Treatment integrity issues within community mental health settings. Poster presented at the 47th Annual Convention of the Association of Behavioral and Cognitive Therapies, Dissemination and Implementation Science Special Interest Group Exposition, Nashville, TN.
- 14 Cho, E.*, Park, A. L., Letamendi, A., Greenberg, S.*, Gumport, N.*, Fierstein, M., Tsai, K., & Chorpita, B. F. (November 2013). Reliability of Life Events during Treatment Questionnaire in a community sample. Poster presented at the 47th Annual Convention of the Association of Behavioral and Cognitive Therapies, Clinical Research Methods and Statistics Special Interest Group Exposition, Nashville, TN.
- 13 Cho, E.*, Park, A. L., Letamendi, A., Gumport, N.*, & Chorpita, B. F. (May 2013). A preliminary examination of the Life Events Survey for use with youths in community mental health settings. Poster presented at the 22nd Annual Psychology Undergraduate Research Conference at the University of California at Los Angeles, Los Angeles, CA.
- 12 **Park, A. L.**, Chorpita, B. F., Regan, J., & Ward, A. M., Weisz, J. R. (November 2012). Modular and standardized evidence-based treatment fidelity to different metrics: A continuum of collaborative design. Poster presented at the 46th Annual Convention of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
- Park, A. L., Chorpita, B. F., Soriano, L., Weisz, J. R. (November 2012). The Child STEPs Clinic Treatment Project: Utilization outcomes across modular, standard EBT, and usual care conditions. Poster presented at the 46th Annual Convention of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
- 10 Park, A. L., Korathu-Larson, P., Fierstein, M., & Chorpita, B. F. (November 2012). The effect of case number on therapist satisfaction across evidence-based treatments: Satisfaction guaranteed with modularity. Poster presented at the 46th Annual Convention of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
- Meinster, C. B.*, Park, A. L., Reding, M., & Chorpita, B. F. (November 2012). Effects of professional background on mental health provider attitudes to evidence-based practices. Poster presented at 46th Annual Convention of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.

- 8 Regan, J., Chorpita, B. F., & **Park, A. L.** (November 2012). Development of the Service Review Measure (SRM): The interview, coding system, and preliminary results. Poster presented at the 46th Annual Convention of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
- Brown, T. E.*, **Park, A. L.**, Moore, S. A.*, & Chorpita, B. F. (November 2012). How much is enough? Identifying clinically-relevant information for decision-making models. Poster presented at the 46th Annual Convention of the Association of Behavioral and Cognitive Therapies, Dissemination and Implementation Science Special Interest Group Exposition, National Harbor, MD. *Poster awarded the Dissemination and Implementation Special Interest Group Presentation Award.*
- Meinster, C. B.*, **Park, A. L.**, Reding, M., & Chorpita, B. F. (November 2012). Providers' attitudes toward evidence-based practices: Licensed to practice (effectively)? Poster presented at the 46th Annual Convention of the Association of Behavioral and Cognitive Therapies, Dissemination and Implementation Science Special Interest Group Exposition, National Harbor, MD.
- Park, A. L., Chorpita, B. F., Regan, J., & Ward, A. M., Weisz, J. R. (May 2012). Modular and standardized evidence-based treatment fidelity to different metrics: A continuum of collaborative design. Poster presented at the 21st Annual Psychology Undergraduate Research Conference at the University of California at Los Angeles, Los Angeles, CA.
- 4 Chung, G., **Park, A. L.**, & Chorpita B. F. (February 2012). Parenting stress as a predictor of caregiver-therapist alliance. Poster presented at the 2012 Psi Chi Southeastern Regional Convention, New Orleans, LA.
- 3 Korathu-Larson, P., **Park, A. L.**, Fierstein, M., & Chorpita, B. F. (November 2011). Therapist satisfaction of multiple designs of evidence-based treatments: Did therapist match with MATCH? Poster presented at the 45th Annual Convention of the Association of Behavioral and Cognitive Therapies, Dissemination and Implementation Science Special Interest Group Exposition, Toronto, Canada. *Poster awarded the Dissemination and Implementation Special Interest Group Presentation Award.*
- 2 **Park, A. L.**, Serrano, T., & Chorpita, B. F. (May 2011). Evaluating youth satisfaction as a predictor of caregiver satisfaction scores. Poster presented at the 10th Annual Stanford Undergraduate Psychology Conference, Stanford, CA.
- **Park, A. L.**, Serrano, T., & Chorpita, B. F. (May 2011). The effects of youth's age, gender, and diagnosis on youth and caregiver satisfaction. Poster presented at the 2nd Annual Psychology Undergraduate Research Conference at the University of California at Berkeley, Berkeley, CA.

RESEARCH EXPERIENCE

Director (September 2020-Present), Advancing Design and Delivery of Responsive, Effective, and Sustainable Services for Mental Health (ADDRESS Mental Health) Lab.

Graduate Research Assistant (September 2014-August 2020), Child Focus on Innovation and Redesign in Systems and Treatment Lab, University of California, Los Angeles. Director: Bruce F. Chorpita, Ph.D.

Co-Director (April 2017-June 2019), Reaching Families Multisite Trial, funded by the William T. Grant Foundation. Co-PIs: Bruce F. Chorpita, Ph.D. & Kimberly D. Becker, Ph.D.

Service and Products Development (June 2011-July 2019), PracticeWise, LLC.

Lab Manager (April 2012-July 2014), Child Focus on Innovation and Redesign in Systems and Treatment Lab, University of California, Los Angeles. Director: Bruce F. Chorpita, Ph.D.

Research Assistant (October 2010-March 2012), Child Focus on Innovation and Redesign in Systems and Treatment Lab, University of California, Los Angeles. Director: Bruce F. Chorpita, Ph.D.

RESEARCH SUPERVISION

Dissertations

Lin, J. M. J. (expected 2024). Effect of attitudes toward intersectional identities in mental health treatment seeking among queer people of color. Palo Alto University. (Chair)

Boyd, M. R. (expected 2023). Application of organizational management concepts to the study of clinical supervision in community mental health: An examination of clinical supervisor influence in the therapy room and broader organization. University of California, Los Angeles.

Undergraduate Honors Theses

Lu, C. (2019). An examination of the association between treatment engagement and participation in clinical trials. University of California, Los Angeles. (Graduate Student Advisor)

Torres Sanchez, A. (2018). Barriers to accessing community resources for youth and families with mental health needs. University of California, Los Angeles. (Graduate Student Advisor)

Reeder, K. (2018). Getting better and staying better: The effects of homework and caregiver participation on youth subsequent service use. University of California, Los Angeles. (Graduate Student Advisor)

Teaching Experience

Graduate Courses

Instructor, Introduction to Child, Adolescent, and Family Psychotherapy Palo Alto University Fall 2020, Winter 2021, Spring 2022

Instructor, Community Mental Health II Palo Alto University Winter 2021, Winter 2022

Instructor, Introduction to Psychotherapy: Evidence-Based Approaches Palo Alto University Spring 2021

Teaching Assistant, Clinical Research Laboratory University of California, Los Angeles Fall 2017, Fall 2018

Teaching Assistant, Foundations of Clinical Psychology University of California, Los Angeles Spring 2017

Undergraduate Courses

Teaching Assistant, Community Psychology University of California, Los Angeles Summer 2017

Teaching Assistant, Internship Seminars: Psychology University of California, Los Angeles Fall 2016, Winter 2017

Teaching Assistant, Research Methods in Psychology University of California, Los Angeles Spring 2016

Teaching Assistant, Abnormal Psychology: Developmental Perspectives University of California, Los Angeles Winter 2016

Teaching Assistant, Introduction to Psychology University of California, Los Angeles Fall 2015

Guest Lectures

Case Formulation and Treatment Planning (Graduate), Hawai'i Pacific University. Emergent life events and treatment adaptations. Spring, 2021, Spring 2022.

Systems and Theories of Psychological Interventions (Graduate), University of South Carolina. Multicultural considerations in mental health. Fall 2020, Fall 2021.

Professional Development Seminar (Graduate), Palo Alto University. Professional pathways for psychologists. Fall 2020.

Evidence-Based Intervention for Childhood Problems (Graduate), University of California, Los Angeles. Embracing diversity in evidence-based intervention for childhood problems. Fall 2020.

Professional and Ethical Issues in Clinical Psychology (Graduate), University of California, Los Angeles. Cognitive behavioral therapy for insomnia. Spring 2019.

Internship Seminar (Undergraduate), University of California, Los Angeles. *Dissemination and implementation of evidence-based treatments in the community*. Winter 2018.

CLINICAL EXPERIENCE

Licensed Clinical Psychologist (June 2022-Present), State of Oregon – 3573.

Practicum Supervisor (September 2022-Present), University of Oregon Psychology Clinic.

Psychology Intern (August 2019-July 2020), Veterans Affairs Long Beach Healthcare System. Supervisors: Andrea Scott, Ph.D., Gretchen Sholty, Ph.D., Stacy Hardin, Ph.D., Nicholas Brown, Ph.D.

Graduate Student Supervisor (July 2017-June 2019), UCLA Psychology Clinic. Supervisors: Danielle Keenan-Miller, Ph.D., Ayala Ofek, Psy.D.

Advanced Graduate Student Therapist (July 2017-June 2019), UCLA Psychology Clinic. Supervisor: Richard LeBeau, Ph.D.

Clinical Interviewer (January 2018-June 2018), UCLA Addictions Lab. Supervisor: Lara Ray, Ph.D.

Advanced Graduate Student Assessor (August 2017-June 2018), UCLA Psychology Clinic. Supervisor: Phil Sayegh, Ph.D., MPH.

Graduate Student Therapist (August 2016-June 2017), UCLA Counseling and Psychological Services. Supervisors: Ancy Cherian, Ph.D., Lisa Christensen, Ph.D.

Graduate Student Therapist (July 2015-August 2016), UCLA Psychology Clinic. Supervisors: Andrew Christensen, Ph.D., Anna Lau, Ph.D., Jennifer Montesi, Ph.D., Jennifer Shultz, Psy.D., Annette Swain, Ph.D.

Graduate Student Assessor (July 2015-March 2016), UCLA Psychology Clinic. Supervisor: Eric Miller, Ph.D., ABPP.

CLINICAL TRAINING

Managing and Adapting Practice (MAP) (40 hours) presented by Bruce Chorpita, Ph.D., Kimberly Becker, Ph.D., Jennifer Regan, Ph.D. at the University of California, Los Angeles, 2015.

SERVICE

National Service

Member (2022-Present), Scholars for Elevating Equity and Diversity (SEED).

Representative (2021-Present), Scientific Impact Committee, Coalition for the Advancement and Application of Psychological Science (CAAPS).

Communications Officer (2020-Present), Dissemination and Implementation Science Special Interest Group, Association of Behavioral and Cognitive Therapies (ABCT).

Leader (2017-2019), Student Workshop, Dissemination and Implementation Science Special Interest Group, Association of Behavioral and Cognitive Therapies (ABCT).

Student Representative (2014-2018), Preconference Planning Committee, Dissemination and Implementation Science Special Interest Group, Association of Behavioral and Cognitive Therapies (ABCT).

Student Representative (2016-2017), Dissemination and Implementation Science Special Interest Group, Association of Behavioral and Cognitive Therapies (ABCT).

Leader (2014-2016), Training Workgroup, Dissemination and Implementation Science Special Interest Group, Association of Behavioral and Cognitive Therapies (ABCT).

Institutional Service

Member (2022-Present), Search Committee for Associate Clinic Director, Department of Psychology, University of Oregon.

Member (2021-2022), Curriculum Committee, Department of Psychology, Palo Alto University.

Senator (2020-2022), Faculty Senate, Palo Alto University.

Member (2021-2022), Search Committee for Assistant Provost of Faculty Affairs, Development, and Diversity, Palo Alto University.

Student Representative (2016-2019), Clinical Area Committee, Department of Psychology, University of California, Los Angeles.

Student Representative (2015-2016), Clinical Research Committee, Department of Psychology, University of California, Los Angeles.

Editorial Board

The Behavior Therapist (2019-Present)

Ad Hoc Reviews

Administration and Policy in Mental Health and Mental Health Services Research

Behaviour Research and Therapy

Child and Adolescent Mental Health

Child and Youth Care Forum

Clinical Child and Family Psychology Review

Evidence-Based Practice in Child & Adolescent Mental Health

Journal of Behavioral and Cognitive Therapy

Journal of Behavioral Health

Journal of Child and Family Studies

Journal of Community Psychology

Psychiatric Services

Community Service

Helping Give Away Psychological Science (2021-Present).

Project Safety Net (2020-Present).

Research-to-Policy Collaboration (2020-Present).

Professional Affiliations

American Psychological Association (APA)

Society of Clinical Psychology (APA Division 12)

Society for a Science of Clinical Psychology (APA Division 12, Section 3)

Clinical Child and Adolescent Psychology (APA Division 53)

Association of Behavioral and Cognitive Therapies (ABCT)

ABCT Dissemination and Implementation Science Special Interest Group

ABCT Oppression and Resilience: Minority Mental Health Special Interest Group

Association of Psychological Science (APS)

Society for Implementation Research Collaboration (SIRC)